



# Bringing Home Baby

Advice for the Early Days • Practical Parenting Tips  
Biggest Parenting Surprises • How do I Love Thee?  
Baby Resource Guide • Sugar Land Babies Pictorial

# Advice and Tips from Sugar Land Parents

Congratulations on your wonderful journey in parenthood. Whether you're expecting your first baby, have a brand new baby at home, or are an old pro at this parenting business, you're sure to find a helpful tip or two from other Sugar Land parents.

## The Early Days

"Relax and don't sweat the small stuff." - *Allison Fisher*

"Don't be ashamed to accept help. You don't have to be super-mom or superdad." - *Sothea Mey*

"Don't worry about the little things like folding all the baby's clothes and making sure everything is neat and tidy; get as much sleep as possible and worry about the rest of it later."  
- *Tatiana Jones*

"Don't get caught up in 'I have to do everything right.' You're going to love your child and naturally do what you think is best...it all works out." - *Tassila Martin Cannon*

"Remember to take time out for you!"  
- *Tamorra Goodmanson*

"Have lots of patience and get to know the new little person that has arrived in your life." - *Miriam Hernandez*

"Take lots of pictures--especially within the first six weeks of life. Professional or just snapshots around the house...it doesn't matter as long as you're capturing those fleeting memories and preserving them forever." - *Erin Golan*

"Patience and being positive is the key to being great parents."  
- *Stephanie Hebert*

"Enjoy every moment. It can seem overwhelming at times, but it does get easier." - *Jill Boucaumont*

## Practical Parenting Tips

"Never let the baby sleep in bed with you. Before you know it, you have a 5 year old sleeping in bed with you, and no one is truly getting a good night's sleep." - *Tamorra Goodmanson*

"Have a routine/schedule hour by hour, day by day, or week by week. This makes your life simpler, and it teaches your kids to be responsible from the early age." - *Jasmin Chen*

"Make time for each other. Date night, even if it means putting the kids to bed, sitting on the back patio, and talking to each other, is a must." - *Erin Golan*

"It doesn't matter how careful you are, your child will always find a way to get into something they're not supposed to."  
- *Tatiana Jones*

## Biggest Parenting Surprises

"How amazingly well you can function on such a small amount of sleep." - *Julie Ray*

"That all the me time would be gone! Now it isn't Oprah I watch, it's Sesame Street!" - *Jill Boucaumont*

"Even though you sort of change your lifestyle after kids, it is the best change anyone could ask for!" - *Stephanie Hebert*

"I remember feeling an amazing love for him, unlike any love I had ever felt, and realizing that my own mom had this same, amazing love for me." - *Leigh Ann Cloutier*

## How do I Love Thee?

"I love that it doesn't matter who I am to the rest of the world, but I am everything to my children." - *Sothea Mey*

"Being a mom has made me a better person in the area of patience, forgiveness, and self control. I love being a mom!"  
- *Jasmin Chen*

"I love the sense of pride I feel when my children accomplish something new. I feel each of their milestones is one for me as well."  
- *Allison Fisher*

"I love how this tiny human being has so much love to show you while being so innocent!" - *Stephanie Hebert*

"I love the excitement in their eyes and tight hugs melt my heart and makes me forget about all I encountered throughout the day."  
- *Tassila Martin Cannon*

"No matter what happens in your day when your child looks up and smiles at you then everything seems right in the world and you realize it will all be ok." - *Tatiana Jones*



# Sugar Land Baby RESOURCE GUIDE

## BABY STORES

**Ava Grace Children's Boutique**  
2735 Town Center Blvd.  
281-265-1663

**Baby's and Kid's 1st Furniture**  
2711 Town Center Blvd.  
281-277-9600

**Carter's**  
2577 Town Center Blvd.  
281-980-2940

**The Children's Place**  
First Colony Mall  
16535 SW Fwy.  
281-313-4224

**GapKids**  
First Colony Mall  
16535 SW Fwy.  
281-491-2100

## Gymboree

First Colony Mall  
16535 SW Fwy.  
281-565-3525

2585 Town Center Blvd.  
281-565-1284

**Janie and Jack**  
First Colony Mall  
16535 SW Fwy.  
281-491-0355

**Motherhood Maternity**  
16205 City Walk  
281-491-0258

**Strasburg Children**  
16049 City Walk  
281-491-4554

**Toys"R"Us**  
16618 SW Fwy.  
281-277-8697

**Babies"R"Us**  
15555 SW Fwy.  
281-980-9595

## BABY PROOFING

**Precious Baby Protectors**  
281-438-4670

## BIRTHING CENTERS

**Memorial Hermann  
Sugar Land Hospital**  
17500 W. Grand Pkwy. S.  
281-725-5000

**St. Luke's Sugar Land Hospital**  
1317 Lake Pointe Pkwy.  
281-637-7000

## BREASTFEEDING SUPPORT

**La Leche League**  
lllhouston.org

**The Motherhood Center**  
713-963-8880

**Myra W. Lowrie**  
9615 New Kent Dr.  
281-495-7639

## CLASSES AND ACTIVITIES

**Castle Jump**  
1031 Eldridge Rd.  
281-494-1696

**Fort Bend County Libraries**  
Mother Goose Time  
281-342-4455

**Gymboree Play & Music**  
3340 FM 1092  
Missouri City  
281-208-4302

**Kindermusik**  
281-879-0870

**The Little Gym**  
3571 Hwy 6 S.  
281-277-5470

**StollerFit Houston**  
Oyster Creek Park  
Jessica Forray  
713-515-1450

**Stomping Grounds Playground**  
15415B SW Fwy.  
281-313-3800

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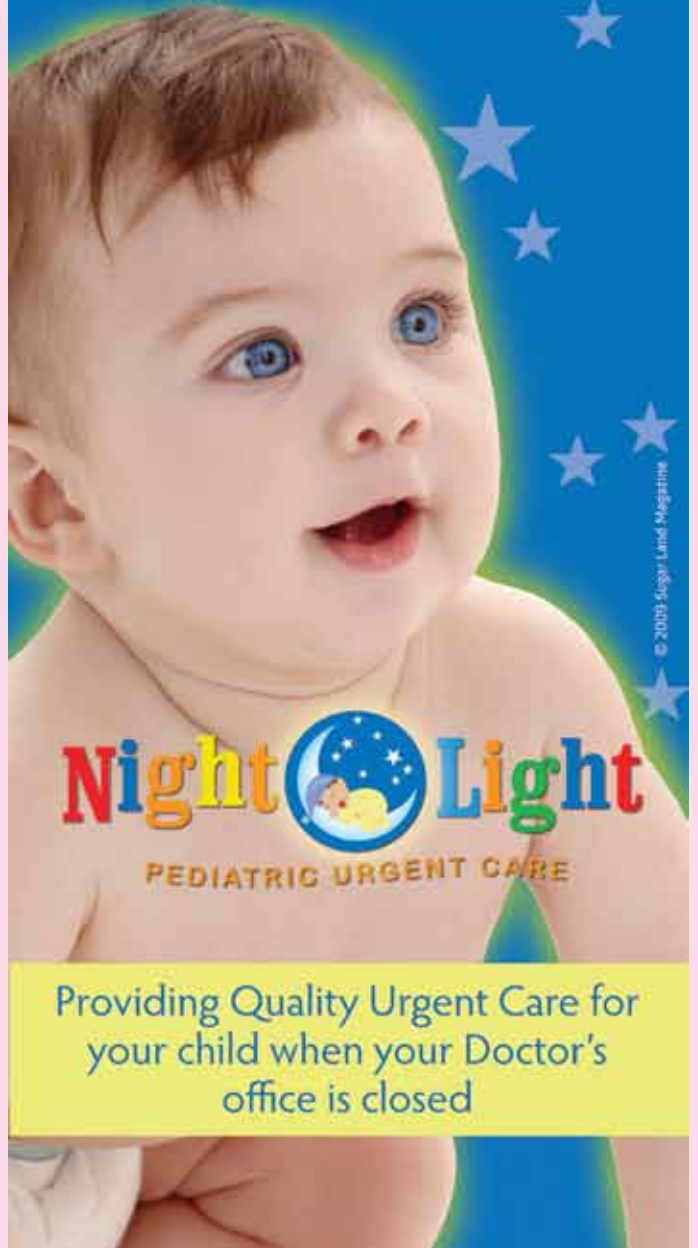
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## DOULAS/MIDWIFES

**The Motherhood Center Baby Nurse & Doula Services**  
713-963-8880

## CHILD CARE

**Children's Haven Daycare**  
13511 Florence Rd.  
281-240-1173

**Childtime Learning Center**  
4 area locations  
childtime.com

**Kids R Kids**  
246 Fluor Daniel Dr.  
281-240-5437

**La Petite Academy**  
838 Eldridge Blvd.  
281-240-0237

**Primrose School of Sugar Land**  
1315 Soldiers Field Dr.  
281-277-8585

**Primrose School of First Colony**  
4605 Austin Pkwy.  
281-565-2707

**Primrose School of Greatwood**  
6550 Greatwood Pkwy.  
281-343-8889

**The Towne Creek School**  
3311 Williamsburg Ln.  
281-499-8030

**The Walden School**  
16103A Lexington Blvd.  
281-980-0022

## IMAGING

**Baby Image 3d/4d Ultrasound**  
3527 Hwy. 6, #270  
281-242-3343

## INFANT SWIM LESSONS

**Houston Swim Club**  
9920 Hwy. 90A, #220B  
281-313-7946

**Sea Star Swimschool and Gymnastics Center**  
4000 Cartwright Rd.  
Missouri City  
281-403-7946

## INFERTILITY

**Fertility Specialists of Houston**  
4724 Sweetwater Blvd. #105  
832-555-5483

7900 Fannin #4400  
713-512-7900

**Houston Fertility Center**  
3525 Town Center Blvd.  
713-225-5375

**Houston Fertility Institute**  
16545 SW Fwy., #275  
281-242-3434

## MOTHER'S DAY OUT/ SUPPORT GROUPS

**Happily Single Moms of Houston**  
singleparents.meetup.com/805/

**MOMS Club of Sugar Land – SW**  
momsclubssugarland.org

## OB/GYN

**Obstetrical and Gynecological Associates SW**  
17510 W. Grand Pkwy S., #430  
713-578-3820

**Southwest OB/Gyn**  
16651 SW Fwy., #200  
713-774-5131

7737 SW Fwy. #700  
Houston  
713-774-5131

17510 W. Grand Pkwy. S. #310  
713-774-5131

**Sugar Land Women's Health Center**  
14090 SW Fwy., #101  
281-313-1193

**The Woman's Place**  
16552 SW Fwy.  
281-242-0767

## PARENT/SIBLING CLASSES

**Memorial Hermann Sugar Land Hospital**  
breastfeeding, childbirth, infant and newborn care, sibling classes  
713-222- 2273

## PEDIATRICIANS

**Charles Hsu**  
4610 Sweetwater Blvd. #220  
281-242-1127

**Colony Pediatric**  
4427 Hwy. 6, #J  
281-565-8188

**Grand Parkway Pediatrics**  
5610 W. River Park Dr., #A  
281-494-8687

**Night Light Pediatric Urgent Care**  
15551 SW Fwy.  
281-325-1010

**Pediatric Center**  
4911 Sand Hill Dr., #A  
281-277-6633

1300 Main St.  
Richmond  
281-341-9696

**Pediatric Urgent Care**  
19875 SW Fwy. #100  
281-545-2323

**Sugar Land Pediatrics**  
16103 Lexington Blvd. # K  
281-313-1000

**Sweetwater Pediatrics**  
4610 Sweetwater Blvd. #130  
281-565-7337

**Texas Children's Pediatric Associates**  
15400 SW Fwy., #300  
281-491-3636

**Town Center Pediatrics**  
3521 Town Center Blvd. #A  
281-494-2255

**Tykes to Teens Pediatrics**  
17510 W. Grand Pkwy. S., #580  
281-341-9600

## PHOTOGRAPHY

**J. Patterson Photography**

## PRE/POST NATAL ASSISTANCE

**Allgen Companion Care**  
281-865-5119

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For more baby resources visit  
[Sugar Land Magazine.com](http://SugarLandMagazine.com)



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# ENTER OUR COVER CONTEST!

**Sugar Land Magazine is looking for an adorable Sugar Land area child to be our Cover Cutie for the Winter Issue. Contestants must be ages 2-8 and live in the Fort Bend County.**

Semi-finalists and finalists photos will be published on the inside pages of the Winter Issue. Finalists will be invited to attend our cover photo shoot. After the photo shoot, one photogenic Sugar Land Sweetie photo will be chosen as our Cover Star.

### WHAT WE'RE LOOKING FOR

A sparkling personality combined with a photogenic face and big, happy smile. Children should be comfortable getting their photo taken and be able to follow basic directions at our photo shoot.

### CONTEST RULES

All contestants must live in Fort Bend County and be in between the ages of 2 and 8 (at time of entering). One winner and up to ten finalists will be chosen to attend the cover shoot for the winter issue of Sugar Land Magazine. Finalists will be notified by email and asked to attend our cover photo shoot.

Finalists and semi-finalists photos will be published in our Winter Issue. Please do not send copyright protected photography. Deadline for entering is November 30, 2009.

### ENTER TODAY!

Email your Sugar Land Sweetie's best headshot to [editor@sugarlandmagazine.com](mailto:editor@sugarlandmagazine.com) (just one please) include your child's name and age, your name, and address.

**SUGAR LAND**  
MAGAZINE

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